

Need to talk?

Get emotional support
in uncertain times

Call our helpline:

08000 562 561

[educationsupport.org.uk/helpline](https://www.educationsupport.org.uk/helpline)

Emotional support from
trained counsellors for
all education staff.

Free and confidential
helpline available 24/7.

Use it when you need
someone to talk to.

